



## Sumter Gastroenterology

*"Your Partners in Digestive Health"*

641 W. Wesmark Blvd

Sumter, SC 29150

PH (803)905-6944 Fax (803)469-3944

### UPPER ENDOSCOPY INSTRUCTION SHEET

#### PALMETTO HEALTH TUOMEY

Procedure Date: \_\_\_\_\_ Please report 30 minutes earlier: \_\_\_\_\_

Please give the hospital 5 business days to contact you. If you haven't heard from the hospital at that time, please contact them at 803-774-9897.

\*Report to Palmetto Health Tuomey through the Calhoun Street entrance: "Day Surgery/Endoscopy".

\*Hospital Rule: Someone must go with you to the hospital and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver. If you have had a stent placed within the last year please let us know.

Please call Palmetto Health Tuomey to pre-admit approximately two business days prior to your procedure at: 803-774-9708 or 803-774-8820. Leave a message with registration and they will confirm the appointment if they are unavailable.

**DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.**

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**

There is not a special diet for this procedure.

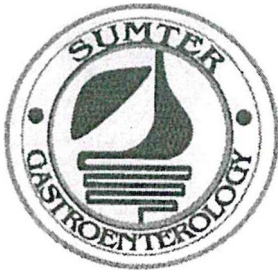
Please contact endoscopy at Palmetto Health Tuomey to reschedule your procedure at 803-774-9897.

If you have any questions before your procedure, please call our office.

Thank you,

Megan, GI Coordinator

803-905-6944 Ext 107



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### COLONOSCOPY INSTRUCTIONS – MIRALAX AND DULCOLAX PALMETTO HEALTH TUOMEY

Procedure Date: \_\_\_\_\_ Please report 30 minutes earlier: \_\_\_\_\_

Please give the hospital 5 days to contact you. If you have not been contacted in that time, call them at 803-774-9897.

\*Report to Palmetto Health Tuomey through the Calhoun Street entrance: "Day Surgery/Endoscopy".

\*Hospital Rules: Someone must go with you to the hospital and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver. If you have had a stent placed within the last year please let us know. Do not stop taking Plavix if you have had a stent placed in the last 12 months.

You will need to discontinue taking PLAVIX, COUMADIN, AND EFFIENT 3 days prior to your procedure. PRADAXA must be stopped 2 days prior. IRON must be stopped 5 to 7 days prior to the procedure. BRILINTA must be stopped 5 days prior to procedure.

**One (1) week before colonoscopy, begin a low fiber diet; avoid corn, popcorn, raw fruits and vegetables, seeds, nuts and beans.**

YOU MAY TAKE ALL OTHER MEDICATION THE DAY OF YOUR PREP.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.

The day before your procedure you will go on a clear, liquid diet the entire day. Examples include:

Water	Sprite/Ginger Ale	Jello	Popsicles	Clear Broths
Apple Juice	White grape juice	Tea	Coffee(no creamer)	Gatorade

AVOID ANYTHING RED OR PURPLE AND ALL DAIRY PRODUCTS

At 1:00 PM the day before the procedure: Take two (2) Dulcolax laxative tablets, found over the counter.

Anytime between 4:00PM and 6:00PM the night before the procedure: Mix the entire bottle of Miralax in 3 quarts of clear liquid such as water, lemonade, Gatorade, etc. Start drinking an 8 oz. Glass of the Miralax solution every 10-15 minutes consuming two (2) Quarts the night before the procedure.

The morning of the procedure at \_\_\_\_\_am, approximately 2-3 hours prior to the procedure, drink only the remaining quart of the prep. **DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE. PLEASE BRING ALL MEDS WITH YOU TO THE HOSPITAL.**

*Please contact Endoscopy at the Hospital to reschedule your procedure at 803-774-9897.*

*If you have any questions before your procedure, please call our office at 803-905-6944.*



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### COLONOSCOPY INSTRUCTIONS – SUPREP

Procedure Date: \_\_\_\_\_ Please report 30 minutes earlier: \_\_\_\_\_

\*Report to Palmetto Health Tuomey through the Calhoun Street entrance: "Day Surgery/Endoscopy".

\*Hospital Rules: Someone must go with you to the hospital and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver. If you have had a stent placed within the last year please let us know. Do not stop taking Plavix if you have had a stent placed in the last 12 months.

You will need to discontinue taking PLAVIX, COUMADIN, AND EFFIENT 3 days prior to your procedure. PRADAXA must be stopped 2 days prior. IRON must be stopped 5 to 7 days prior to the procedure. BRILINTA must be stopped 5 days prior to procedure.

**One (1) week before colonoscopy, begin a low fiber diet; avoid corn, popcorn, raw fruits and vegetables, seeds, nuts and beans.**

YOU MAY TAKE ALL OTHER MEDICATION THE DAY OF YOUR PREP.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.

The day before your procedure you will go on a **clear, liquid diet** the entire day. Examples include:

Water	Sprite/Ginger Ale	Jello	Popsicles	Clear Broths
Apple Juice	White grape juice	Tea	Coffee(no creamer)	Gatorade

AVOID ANYTHING RED OR PURPLE

At 6:00 PM the night before your procedure, begin the first dose of Suprep. Pour one(1) bottle of the Suprep liquid into the mixing container found in the kit. Add cool drinking water, Sprite, or Ginger Ale and fill to the fill line at the top of the cup. **Drink half the glass, wait 15 minutes, and drink the remaining half.** Within the hour of completing this glass you must drink at least two(2) more glasses of any clear liquid to make the prep more productive.

At \_\_\_\_\_, approximately 2-3 hours before your procedure, repeat the same steps as before. Pour one (1) bottle of the Suprep liquid into the mixing container found in the kit. Add cool drinking water, Sprite or Ginger Ale and fill to the fill line at the top of the cup. **Drink half the glass, wait 15 minutes, and drink the remaining half.** Within the hour of completing this glass you must drink at least two more glasses of any clear liquid to make the prep more productive. **DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE. PLEASE BRING ALL MEDS WITH YOU TO THE HOSPITAL.**

*Please contact Endoscopy at the Hospital to reschedule your procedure at 803-774-9897.*

*If you have any questions before your procedure, please call our office at 803-905-6944.*



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(803)905-6944 (803)469-3944

Kent Cunningham, M.D.      Floyd Angus, M.D.  
Scott McDuffie, M.D.      April T. Rogers, PA-C  
Greg Byrd, NP-C      Chasity Shadoan, NP-C

## Colonoscopy Instruction Sheet

### Clenpiq

Procedure Date: \_\_\_\_\_

Please report 30 minutes earlier: \_\_\_\_\_

Please give the hospital 5 business days to contact you. If you haven't heard from at that time, call them at 803-774-9897.

\*Report to Tuomey Hospital through the Calhoun Street entrance: "Day Surgery/ Endoscopy,"

\*Hospital Rules: Someone must go with you to the hospital and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver. If you have had a stent placed within the last year please let us know. Do not stop taking Plavix if you've had a stent placed in the last 12 months.

You will need to discontinue taking PLAVIX, COUMADIN, and EFFIENT 3 days prior to your procedure. PRADAXA must be stopped 2 days prior. IRON must be stopped five to seven days prior to the procedure. Brilinta must be stopped 5 days prior to procedure.

Please call Tuomey to pre-admit approximately two business days prior to your procedure at: 774-9708 or 774-8820. Please leave a message with registration and they will confirm the appointment if they are unavailable.

**1 week before colonoscopy, begin a low fiber diet; avoid Corn, Popcorn, Raw Fruits & Vegetables, Seeds, Nuts and Beans**

YOU MAY TAKE ALL OTHER MEDICATION THE DAY OF YOUR PREP.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.

The day before your procedure you will go on a clear, liquid diet the entire day. **AVOID ANYTHING RED OR PURPLE and All Dairy Products**. Examples include:

Water	Sprite/ Ginger Ale	Jell-O	Popsicles	Clear broths	
Apple Juice	White grape juice	Tea	Coffee (no creamer)	Gatorade	

Anytime between 4:00 and 6:00pm the night before the procedure: Drink 1 bottle of Clenpiq completely. Follow with at least 5 cups of clear liquid, using the enclosed 8oz. cup.

The morning of the procedure at \_\_\_\_\_ am, approximately 2-3 hours prior to the procedure, Drink the second bottle of Clenpiq completely. Follow with 3 glasses of clear liquid using the enclosed 8 oz. cup.

Do not take any medication the morning of the procedure. Please bring a list of medication with you to the appointment.



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### COLONOSCOPY INSTRUCTIONS – SUPREP WESMARK AMBULATORY SURGERY CENTER

Procedure Date: \_\_\_\_\_ Please report 30 minutes earlier: \_\_\_\_\_

\*Please report to Wesmark Ambulatory Surgery Center, 420 W Wesmark Blvd to schedule procedure.

\* Rules: Someone must go with you to the Center and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver.

If you have had a stent placed within the last year please let us know. Do not stop taking Plavix if you have had a stent placed in the last 12 months.

You will need to discontinue taking PLAVIX, COUMADIN, and EFFIENT 3 days prior to your procedure. PRADAXA must be stopped 2 days prior. IRON must be stopped 5 to 7 days prior to the procedure. BRILINTA must be stopped 5 days prior to procedure.

ONE(1) week before colonoscopy, begin a low fiber diet; avoid corn, popcorn, raw fruits and vegetables, seeds, nuts and beans.

YOU MAY TAKE ALL OTHER MEDICATION THE DAY OF YOUR PREP.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.

The day before your procedure you will go on a clear, liquid diet the entire day. Examples include:

Water	Sprite/Ginger Ale	Jello	Popsicles	Clear Broths
Apple Juice	White grape juice	Tea	Coffee(no creamer)	Gatorade

#### AVOID ANYTHING RED OR PURPLE AND ALL DAIRY PRODUCTS

At 6:00pm the night before begin the first dose of Suprep. Pour one (1) bottle of the Suprep liquid into the mixing container found in the kit. Add cool drinking water, Sprite, or Ginger Ale and fill to the red 16 oz. line at the top of the cup. **Drink HALF the glass, wait 15 minutes, and drink the remaining half.** Within the hour of completing this glass you must drink at least two more 16 oz glasses of any clear liquid to make the prep more productive.

At \_\_\_\_\_ AM, approximately 2-3 hours before your procedure, repeat the same steps as before. Pour one bottle of the Suprep liquid into the mixing container found in the kit. Add cool drinking water, Sprite or Ginger Ale and fill to the fill line at the top of the cup. **Drink half the glass, wait 15 minutes and drink the remaining half.** Within the hour of completing this glass you must drink at least two more glasses of any clear liquid to make the prep more productive.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE. PLEASE BRING ALL MEDS WITH YOU TO THE CENTER.

*Please contact Wesmark Surgery Center if you need to reschedule your procedure at 803-905-5590.*

*Please contact the office if you have any questions before your procedure at 803-905-6944.*





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### COLONOSCOPY INSTRUCTIONS – MIRALAX AND DULCOLAX

#### WESMARK AMBULATORY SURGERY CENTER

Procedure Date: \_\_\_\_\_ Please report 30 minutes earlier: \_\_\_\_\_

Please report to Wesmark Ambulatory Surgery Center, 420 W Wesmark Blvd to schedule procedure.

\* Rules: Someone must go with you to the Center and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver. If you have had a stent placed within the last year please let us know. Do not stop taking Plavix if you have had a stent placed in the last 12 months.

You will need to discontinue taking PLAVIX, COUMADIN, and EFFIENT 3 days prior to your procedure. PRADAXA must be stopped 2 days prior. IRON must be stopped 5 to 7 days prior to the procedure. BRILINTA must be stopped 5 days prior to procedure.

ONE(1) week before colonoscopy, begin a low fiber diet; avoid corn, popcorn, raw fruits and vegetables, seeds, nuts and beans.

YOU MAY TAKE ALL OTHER MEDICATION THE DAY OF YOUR PREP.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.

The day before your procedure you will go on a clear, liquid diet the entire day. Examples include:

Water	Sprite/Ginger Ale	Jello	Popsicles	Clear Broths
Apple Juice	White grape juice	Tea	Coffee(no creamer)	Gatorade

#### AVOID ANYTHING RED OR PURPLE AND ALL DAIRY PRODUCTS

You will need the following items necessary to complete the prep for your procedure. Both medications are found over the counter in the laxative and fiber aisle of any pharmacy and do not require a prescription. One (1) 8.3oz bottle of Miralax and two (2) Dulcolax laxative tablets.

1:00 PM the day before the procedure: Take two (2) Dulcolax laxative tablets.

Anytime between 4:00 and 6:00pm the night before the procedure, Mix the entire bottle of Miralax in 3 quarts of clear liquid such as water, lemonade, Gatorade, etc. Start drinking an 8oz glass of the Miralax solution every 10-15 minutes consuming Two (2) Quarts the night before the procedure.

The morning of the procedure at \_\_\_\_\_ am, approximately 2-3 hours prior to procedure, drink only the remaining quart of the prep. DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE. PLEASE BRING ALL MEDS WITH YOU TO THE CENTER.

*Please contact Wesmark Surgery Center if you need to reschedule your procedure at 803-905-5590.*

*Please contact the office if you have any questions before your procedure at 803-905-6944.*



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### COLONOSCOPY INSTRUCTIONS – PREPOPIK WESMARK AMBULATORY SURGERY CENTER

Procedure Date: \_\_\_\_\_ Please report 30 minutes earlier: \_\_\_\_\_

Please report to Wesmark Ambulatory Surgery Center, 420 W Wesmark Blvd to schedule procedure.

\* Rules: Someone must go with you to the Center and remain there until your procedure is complete and you are ready to go home. Your procedure will be cancelled and rescheduled if you show up without a driver. If you have had a stent placed within the last year please let us know. Do not stop taking Plavix if you have had a stent placed in the last 12 months.

You will need to discontinue taking PLAVIX, COUMADIN, and EFFIENT 3 days prior to your procedure. PRADAXA must be stopped 2 days prior. IRON must be stopped 5 to 7 days prior to the procedure. BRILINTA must be stopped 5 days prior to procedure.

YOU MAY TAKE ALL OTHER MEDICATION THE DAY OF YOUR PREP.

DO NOT TAKE ANY MEDICATION THE MORNING OF THE PROCEDURE.

The day before your procedure you will go on a clear, liquid diet the entire day. Examples include:

Water	Sprite/Ginger Ale	Jello	Popsicles	Clear Broths
Apple Juice	White grape juice	Tea	Coffee(no creamer)	Gatorade

AVOID ANYTHING RED OR PURPLE AND ALL DAIRY PRODUCTS

Anytime between 4:00PM and 6:00PM the night before the procedure, fill the cup provided in the box with cold water up to the 5 oz. line. Pour the contents of one packet and stir **for 2-3 minutes until completely dissolved**. Drink the entire cup of prep. Follow with at least **5 glasses of clear liquid**.

The morning of the procedure at \_\_\_\_\_ am, **approximately 2-3 hours prior to the procedure**, fill the cup provided with cold water up to the 5 oz. line, Pour the contents of the remaining packet and **stir for 2-3 minutes until completely dissolved**. Drink the entire cup of prep. Follow with 3 glasses of clear liquid.

Do not take any medication the morning of the procedure. Please bring all your meds with you to the appointment.

*Please contact Wesmark Surgery Center if you need to reschedule your procedure at 803-905-5590.*

*Please contact the office if you have any questions before your procedure at 803-905-6944.*