



Sumter Gastroenterology

"Your Partners in Digestive Health"

641 W. Wesmark Blvd

Sumter, SC 29150

(803)905-6944 (803)469-3944

Kent Cunningham, M.D.

April T. Rogers, PA-C

Scott McDuffie, M.D.

Greg Byrd, APRN

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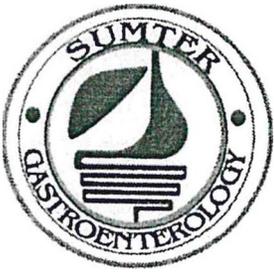
Bacterial Overgrowth Test

Patient Instructions

1. Avoid foods that are digested slowly, such as beans, bran, or high fiber cereals 3 days before the test.
2. No food for 12 hours prior to the test. Water only to drink before the test.
3. Avoid "anti-diarrhea" medications and narcotics for 1-2 days prior to the test.
4. Please let us know about any recent antibiotic use or current/recent diarrhea.

The day of appointment

Avoid smoking, sleeping, and vigorous exercise for at least 2-3 hours before or during the test. Take Lactulose (prescription will be sent to pharmacy of your choice) dissolved in 8 oz. of water one hour before your appointment. A breath sample will be collected and analyzed every 15 mins. This test can take up to 3 hours. You will need to remain in the office for the duration of this test.



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Lactose Malabsorption Test

Patient Instructions

1. Avoid foods that are digested slowly, such as beans, bran, or high fiber cereals the day before the test.
2. No food for 12 hours prior to the test. Water only to drink before the test.
3. Avoid smoking, sleeping, and vigorous exercise for at least ½ hour before or during the test.
4. Please let us know about any recent antibiotic use or current/recent diarrhea, as this may affect the test results.

The day of appointment:

Drink 12 oz. of milk three hours before you arrive at the office. No other liquids or food can be taken prior to testing. You may resume your normal diet once testing is complete.